

Learning Preferences Inventories and Surveys

Learning Styles Survey and Profile (page 1 of 2)

THE SURVEY STATEMENTS ARE INTENDED TO INITIATE PERSONAL REFLECTION AND CLASS DISCUSSION ABOUT LEARNING PREFERENCES AND STRENGTHS

Part One: Learning Styles Survey

Highlight the **one** choice for each statement that **best** describes you.

Statement	(A) Visual	(B) Auditory	(C) Kinesthetic
1. When learning something new, I prefer to...	Read the instructions	Listen to an explanation	Try it out and learn by "trial and error"
2. I remember things best if I...	Write them down	Repeat them again and again	Physically do something with them
3. Most of my free time is spent...	Watching television or reading	Talking to friends	Doing physical activities or making things
4. To teach someone else how to do something, I...	Write instructions	Explain in words	Demonstrate and let them try it out
5. When I learn a new skill, I like to...	Watch what the teacher is doing	Talk through with the teacher exactly what I am supposed to do	Give it a try and work it out as I go along by doing it
6. I remember things best by...	Writing notes or keeping printed details	Saying them aloud or repeating words and key points in my head	Doing and practising the activity, or imagining it being done
7. When I spell, I...	Try to see the word in my mind	Sound out the word	Write the word down to find if it feels right
8. I am most easily distracted by...	Untidiness or movement	Sounds or noises	Activity around me
9. When shopping, I like to...	Look and decide	Discuss with the staff in the store or with my friends	Try on, handle, or test the item(s)
10. When listening to a band, I...	Sing along to the lyrics (in my head or out loud!)	Listen to the lyrics and the beat	Move in time with the music
11. When concentrating, I...	Focus on the words or pictures in front of me	Discuss the problem and possible solutions in my head	Move around a lot, fiddle with pens and pencils and touch unrelated things
12. When worried about something, I...	Picture the worst-case scenarios	Talk about what worries me most, in my head or aloud	Can't sit still... I fiddle with things and move around constantly
13. I first notice how people...	Look and dress	Sound and speak	Stand and move
14. I find it easiest to remember...	Faces	Names	Things I have done
15. When making a presentation, I prefer to...	Present a written report	Present an oral report	Present a physical model
16. I prefer it when the teacher uses...	Charts, diagrams or overheads	Discussion, guest speakers	Models, hands-on activities

